

Comfort Pro CHRONICLES

FALL/WINTER 2022

DRYER VENT CLEANING: FIRE PREVENTION MONTH

Every year nearly 15,000 fires are caused by clogged clothing dryer vents. While it's easy to forget a yearly dryer vent cleaning, it's a crucial step to protect you and your family. During Fire Prevention Month, Comfort Pro wants to bring awareness to the importance of dryer vent cleaning to help you and your family stay safe this October and beyond.

The lint produced in the dryer is a highly flammable material. When left to accumulate on the dryer vent it can and will lead to a fire. Reduce the risk of fire by cleaning your lint trap vent after every load and calling Comfort Pro annually to schedule a dryer vent cleaning. Not only are you decreasing the chance of a fire, you are saving money on upkeep and extending the life of your dryer.

When a dryer isn't cleaned regularly, the dryer is forced to work twice as hard. This results in excess strain and wear and tear on the most important parts of your dryer. With frequent cleanings, your dryer is much less likely to break down or require maintenance.



Your dryer will show the following signs when it's time for a cleaning:

- Clothing takes much longer than usual to dry
- Both your clothing and dryer exterior get very hot
- Presence of debris around dryer hose
- Vent hood flap won't open properly
- Strange burning smell on clothing
- Laundry room feels excessively hot when dryer is running.



610-926-4200 • comfort-pro.com

MEET THE COMFORT PRO TEAM

“
Though she be but little,
she is fierce! - William Shakespeare
”



Alexsandra Mari Velazquez, better known as Alex, joined the Comfort Pro team in October of 2016 as a Job Coordinator and in 2018 was promoted to Customer Service Representative. Prior to Comfort Pro, Alex worked at Maiden Creek Place as a medical technician, where she obtained valuable customer experience that she now uses at Comfort Pro. She was drawn to her first position at Comfort Pro because it allowed her to spend more time with her two children. Alex says, “her 13-year-old daughter Jadalyn and 3-year-old son Jayce are her greatest achievement to date.”



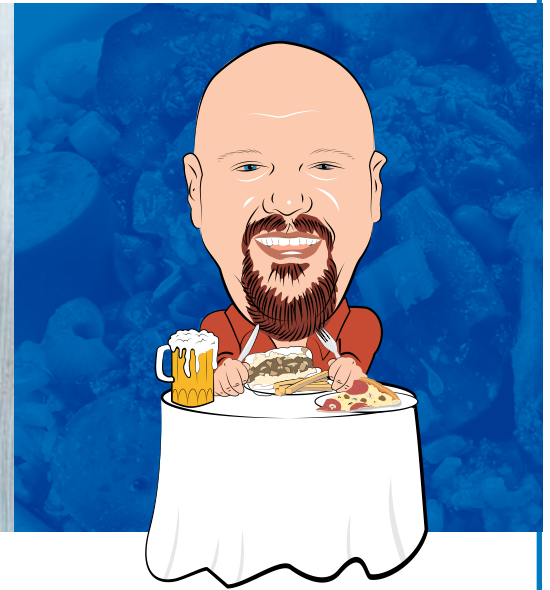
Alex’s favorite part about working at Comfort Pro is the bond she creates with customers. “What motivates me is when a family is down and out with no heat or air conditioning, and I get to hear the sigh of relief when I tell them I can have someone arrive to their home shortly to help them. It makes me excited to come back to work each and every day and help someone,” says Alex.

When she isn’t working or spending time with her children, Alex loves reading novels or a good love story, cooking especially finding and trying new recipes, traveling if you give her bright blue ocean water, white sand, sunshine, and piña coladas, and watching Eagles football.

Currently, Alex is in full wedding planning mode with her fiancé Richard. She is excited to be married on September 23, 2023, and officially join her family as one. In addition to Richard, Jadalyn and Jayce, her family is joined by two furry members, Twinkle a long-haired chihuahua and Bruno a blue French bulldog.

Alex brings life to the Comfort Pro office with her love for music by breaking out in song her favorite being Christmas carols. In the future, Alex hopes to travel to Jamaica to experience the picture-perfect beaches, swimming in refreshing waterfalls and enjoying delicious food. She also looks forward to fulfilling the number one thing on her bucket list, sky diving! Nothing is stopping this 4’11” powerhouse!

CRAIG'S RECIPE CORNER



Craig's Seafood Gumbo

You'll need:

- 1 32 oz. Can of Tomato Sauce
- 3 qts. Unsalted Chicken Stock or Fish Stock
- 1 lb. Raw Peeled and Chopped Shrimp
- 1 lb. Cooked Chicken White or Dark Meat Chopped
- 1 lb. Lump Crab Meat
- 1 lb. Smoked or Andouille Sausage Sliced into Half Moons
- 6 Green Onions Chopped Fine
- 1 Green Pepper Chopped Fine
- 2 Ribs of Celery Chopped Fine
- 1 Teaspoon Garlic Powder
- 1/4 cup Dried Onions
- 1/2 cup Dried Parsley
- 2 Bay Leaves
- 3 tbsps. File' (Ground Sassafras)
- Frank's Red Hot sauce
- Cooked White Rice

Roux:

- 3/4 cup Olive Oil
- 1 1/4 cup Flour

Prepare:

First make the roux. Combine the olive oil and flour in a non stick fry pan. Stir constantly on high heat till brown and smoking. Should smell nutty. Then set aside.

In a 6 quart pot, bring stock to a boil, then add tomato sauce, green onions, celery, green pepper, garlic powder, dried parsley, bay leaves and dried onions. Slow boil for 5 min then add all meats except crab meat and simmer for 30 min till all veggies are completely cooked. Add file', crab meat, then bring to boil. Then add roux in small batches till thickened. Add Franks Red hot to taste.

Serve in bowl over rice and Frank's Red Hot on the side.

If you have any questions please email me at cweisman@comfort-pro.com.



**It's Time for Your
25 Point Precision
Heat Inspection!**

**Schedule Your WatchDog
Appointment Today!**

Please Call **610-926-4200** or visit **www.comfort-pro.com**

ComfortPro, Inc.
WatchDog
MAINTENANCE PLANS

THANK YOU TO OUR HARD WORKING STAFF!



WELCOME TO
THE TEAM
**NEW
HIRES**

Dallas Arroyo
Robert Lachman
Jacklyn Loder
Misael Moran Valle
Carlos Reyes
Nathan Shifflet



**HONORED
TO BE INSTALLING
HEATING &
COOLING
SYSTEMS
FOR HOME DEPOT**





Molly's Yard: 6 Fall & Winter Exercise Tips for Your Dog

Yes, it's getting cold outside, and the number of daylight hours are shorter, but your dog does not hibernate, and it's important that your dog gets daily exercise. Vital for a dog's physical and mental wellness, exercise is also a crucial part of the relationship between the Pack Leader—you—and your dog. On those days when bad weather makes walks impractical, you can still give your pup the exercise they need with these six ideas for great Fall and Winter exercise.

1. PLAY A GAME WITH YOUR DOG

Hide-and-seek is a wonderful way to get your dog up and moving and mentally engaged. You can hide a treat or their favorite toy, but it's better to make them come find you. Start by throwing a treat to get them to go away from you, and then hide in another part of the house. This game can really tire your pup out as they rush around searching, and it's good for reinforcing the "come" command.

2. CHALLENGE YOUR DOG'S NOSE

Dogs have incredibly powerful scenting abilities, so exercises that require your pal to use their nose are especially stimulating. Make them work for their dinner by creating an obstacle course they have to get through to find their food. Hide their meal in a box, or, better yet, put it in a Kong Wobbler or a Buster Ball.

3. DOG TREADMILLS AND INDOOR WALKING

There are treadmills on the market designed specifically for dogs. But if you cannot afford one of these, use a human treadmill—but take the right precautions. Spend a few days familiarizing your dog with how it works. Use a slow speed and stand in front of the treadmill with a treat. Over three or four days, slowly increase the speed and the amount of time your pup spends on the treadmill. Work up to the same amount of time you normally spend on walks.

4. SIGN YOUR DOG UP FOR A CLASS

Sign up for an indoor agility or swimming class. Flyball provides good exercise, and a class comes with the added benefits of allowing your dog to socialize and boosting their mental agility by learning something new. Also, many facilities have doggie swimming pools for them to enjoy.

5. PRACTICE TARGETING

Being indoors gives you a great opportunity to practice targeting with your dog. Teach them to touch their nose to the back of your hand on command; this will make them focus on a target. It's a great exercise because it gives you an activity you can do together. And once your pup has learned how to do this, you can use it whenever you want her to stop what they are doing and focus. For example, if you're out walking and they become excited when they see another dog, you can use targeting to redirect their attention. Plus, your dog can't bark when they are touching their nose to your hand!

6. DON'T BE A WIMP... GET OUTDOORS!

Most bigger dogs love snow, and they can get a great workout by plowing through it. Spend 30 to 40 minutes in the snow, and your dog will get a workout that leaves them exhausted—and their muscles toned. When you come in, be sure to wash your dog's paws to clean off any salt.

www.cesarsway.com





Heating & Air Conditioning

610.926.4200

100% Customer Satisfaction Guaranteed

comfort-pro.com

We Service All Brands
Residential/Commercial Installations
Humidifiers
Whole Home Air Cleaners
Maintenance Plans
Geothermal Systems
Duct Cleaning
Water Heaters



Comfort Pro, Inc.
109 Dries Road
Reading, PA 19605

TAKE ADVANTAGE OF THESE SPECIAL SAVINGS!

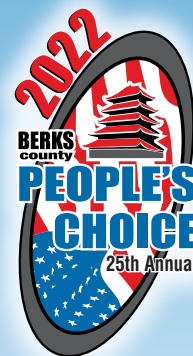
PA9832

YOUR CHOICE!
FREE AIR CLEANER
OR HUMIDIFIER OR
5% CASH DISCOUNT
WITH THE INSTALLATION OF A NEW
HEATING & COOLING SYSTEM!



610-926-4200 • comfort-pro.com

*Not valid with any other offers or discounts. See your Comfort Advisor for details.



Thank you to our customers and the community for your support! We look forward to continuing to serve our community!



PROUD MEMBER OF

